

Dr. Beth Erickson Brief Biography

Brief Bio

Dr. Beth Erickson has been a health care provider as a marriage and family therapist for over three decades. In addition, she is a business consultant, executive and life coach, motivational speaker, and author. She has been in private practice since 1981.

She has written three books: Marriage Isn't For Sissies: 7 Simple Keys to Unlocking the Best Part Of Your Life, Longing For Dad: Father Loss and Its Impact, which is still in print after 12 years. In addition to English, it is available in Mandarin Chinese, Czech, and Turkish. And Helping Men Change: The Role of the Female Therapist.

She lives in Minneapolis, MN with her husband and a dog who sings, and two cats, one of whom talks and the other complains.